



# South Lakeland District Council

## Health, Social, Economic & Environmental Impact Guidance & Proforma

Project, policy or programme: Mental Wellbeing at Work Policy						
Health Impacts	Potential Impacts				Comments	Recommendations
	Positive	No impact	Negative	Not sure		
	Please tick the appropriate box					
<b>Environmental Conditions</b>						
Air quality		x				
Water quality and pollution		x				
Built environment		x				
Natural environment and biodiversity		x				
Energy consumption/efficiency		x				
Noise		x				
Transport		x				
Recycling		x				
Food production		x				
<b>Social and Economic Factors</b>						
Employment		x				
Income		x				
Poverty		x				
Education, skills and training		x				
Housing		x				
Crime		x				
Work environment		x				

**Project, policy or programme: Mental Wellbeing at Work Policy**

Health Impacts	Potential Impacts					Comments	Recommendations
	Positive	No impact	Negative	Not sure			
	Please tick the appropriate box						
<b>Factors that impact a person's ability to improve their own health and wellbeing</b>							
Nutrition and diet	x					All of the factors listed in this section have an impact on mental wellbeing. This policy aims to increase awareness and provide positive support	
Physical activity	x						
Alcohol	x						
Drugs	x						
Risk taking behaviour	x						
Smoking	x						
Loneliness and isolation	x						
<b>Access to services, spaces or social opportunities that impact health</b>							
Communication methods		x					
Active travel		x					
Access to leisure		x					
Access to culture		x					
Access to green spaces		x					