

**South Lakeland District Council**  
**Council**  
**17 December 2019**

---

**Portfolio:** Health, Wellbeing and Financial Resilience Portfolio

**Report from:** Cllr Suzie Pye

---

To work with other tiers of government, community groups and other relevant partners to enhance the health and wellbeing of residents.

Alleviate the harmful effects of poverty in the District, looking at issues to address those who are disadvantaged.

Working with key partners with regards to welfare reforms.

Nominated representative on the Health and Wellbeing board as appropriate.

The relationship of the Council with its citizens; civic participation and the Council plan objectives around leisure, health and wellbeing and working with communities.

Working with key partners with regards to public health and community safety.

Polices, plans and strategies

- Community Strategy
- Health and Wellbeing Strategy
- Cumbria Joint Public Health Strategy
- Community Safety Plan

Key Areas

- Public Health
- Community Development
- Crime and Disorder Reduction Strategy
- Voluntary Sector in relation to Public Health and Wellbeing Sector
- Health and Safety
- Poverty alleviation
- Young People/ projects

## **Public Health**

The Cumbria Public Health Strategy has been created by Cumbria County Council to encourage collaborative working themes to improve resident's health across Cumbria. The document focuses on the wider determinants of health.

South Lakeland District Council has adopted this strategy as part of our policy framework with the aims of improving health outcomes.

Across 2019/20 the Council is continuing work with partners to develop an approach to implement the strategy.

In December 2018 the Council achieved a bronze award in the Better Health at Work scheme, which recognises the achievements of organisations in promoting healthier lifestyles and considering the health of their employees and helps them move forward in a structured and supported way.

Following this success, the council will be working towards achieving a silver award which builds upon the basics of the Bronze level however takes a more holistic view of the workplace. This would include:

- Encouraging physical activity across the workplace
- Developing and implementing health related policies
- Participating in regional or local health campaigns
- Provide information to contractors and visitors in relation to health issues

## **Community Development and Voluntary Sector in relation to Public Health and Wellbeing Sector**

The breastfeeding friendly scheme is continuing to be successful in supporting mothers across the district to feel comfortable breastfeeding at a variety of premises. Over 70 businesses within South Lakeland have displayed a sticker in their windows to show that they welcome and support breastfeeding families.

The Councils 'Fill Up' scheme is continuing to be successful across the district by encouraging businesses to display a sticker in their window to identify that they will fill up re-usable water bottles for free. Not only is the scheme designed to reducing plastic waste it also encourages the public to drink more water.

As identified in the Customer, Commercial Services and People portfolio holder report the Council has been working with a variety of community groups across the district to improve local play areas. The improvement of parks such as Abbot Hall, Maryfell, Rayrigg Meadow and Millerground are encouraging young families to utilise the facilities available which in turn supports their health and wellbeing.

## **Crime and Disorder Reduction Strategy and Young People/ Projects**

The South Cumbria Community Partnership (CSP) plan 2019/20 utilises effective collaboration between South Lakeland District Council, Barrow Borough Council, Cumbria Constabulary and partner agencies including Safer Cumbria. The CSP has a total of £20,000 for supporting projects which aim to prevent crime falling under one of the priorities below.

The five priorities for 2019/20 are:

1. Protecting vulnerable adults
2. Domestic abuse
3. Substance abuse and drug supply
4. Violent crime
5. Anti-social behaviour

The CSP is supplemented by the Kendal Local Focus unit which is a multi agency monthly meeting looking at local crime incidents and trends with a problem solving, collaborative approach. Any issues which require small pots of funding are taken to the CSP for approval. Agencies who have projects centred around crime prevention are expected to attend the Hub to discuss, before submitting a funding bid to the CSP.

The CSP has recently part funded project from Brathay Trust which will provide a combination of one-to-one interventions and detached youth work to intensively support 50 vulnerable young people between the ages of 12 and 16 who are at risk of:-

- Grooming and forms of exploitation such as criminal exploitation
- Committing anti-social behaviour
- Committing violent crime
- Are experiencing (or have experienced) domestic abuse

This project has been strongly supported by the police and Cumbria County Council targeted Youth Support Team.

The CSP has also recently approved an application of a new funding bid to the Arts Council to continue the highly successful Applied Theatre in Cumbria (ATiC) project which delivers high quality impact drama and workshops to young people in schools on current issues.

The County Lines production earlier in the year saw 80% of students saying the performance has made them think differently about the decisions they make in the future.

### **Health and Safety**

The Council has a duty to protect the health and safety of the residents and visitors within South Lakeland where possible. The Food and Safety officers within the council are responsible for health and safety in:

- Offices
- Shops
- Hotels
- Guest houses
- Catering services
- Care homes
- Warehouses

The Council has been continuing to inspect workplaces to ensure they are obeying the law and help employers to understand the importance of health and safety and investigate any accidents or complaints reported.

The council currently enforces health and safety across approximately 2300 premises within South Lakeland. Since April 2018 the service have received 174 requests for health and safety, 157 accident notifications, 6 asbestos notifications and have taken 152 Food Samples.

The Council enforces a total of 1864 premises for food safety across the district, of which 84% of premises that have a food hygiene rating are rated as 5.

Between 1 April 2018 and 31 March 2019 the service inspected:-

- 100% of A rated Food Premises
- 100% of B rated Food Premises
- 92% of C rated Food Premises
- 90% of D rated Food Premises
- 88% of E rated Food Premises

The number of food businesses within the district that have a rating of 3 and above for 2018 to 2019 was 99%. Since April 2018 there has been a total of 24 new Approved Food Premises in our area.

Between 1 April 2018 and 31 March 2019 the service had received 693 food requests and completed a total of 894 food hygiene inspections.

### **Poverty alleviation**

The Building Financial Resilience (BFR) Group has been working to address the actions identified within the action plan and has made excellent progress.

The action plan has been broken down into 5 different task group areas which focus on actions under different aims:-

1. Increase partner collaboration and publicise support available to the public
2. Build local wealth
3. Increase access to skills and education
4. Reduce fuel poverty
5. Food waste and re-distribution

With the support from partners, SLDC have created a BFR webpage which includes support mechanisms for members of the public to access.

Working alongside Cumbria Tourism, in October 2019 a new scheme was introduced as part of My Cumbria card holders which allows 1/3 off off-peak single or day return bus tickets for journeys on Northern services within Cumbria (including Silverdale, Carnforth and Lancaster).

The Council is looking to work alongside to coordinate a campaign to promote and increase spending with local independent businesses. A message which will help underpin the campaign is that if every adult in South Lakeland spent just £5 extra per week locally it would be worth an extra £27m each year to the local economy.

Following the successful launch of the LEAP scheme to tackle fuel poverty in South Lakeland in November 2018, a total of 113 visits have been completed with a grand total of savings of £139,165.89 (from Oct '18 to April '19).

In association with Department of Work and Pensions (DWP), SLDC held a private landlord forum at Kendal College in March 2019 to raise awareness for private landlords surrounding the support that they can receive from universal credit, and how they may be able to help their most vulnerable tenants to safeguard their tenancies.

At the next BFR meeting the group will look at the latest figures, issues and trends in South Lakeland and re-focus its efforts to areas where it can add the most value.